

# 2021-2021 PCA Plano Athletic Paperwork Instructions

## I. Athletic Physicals

Prestonwood Christian Academy and TAPPS both require an annual athletic physical for all athletes, to be completed and uploaded prior to Monday, August 2, 2021 (before the new athletic year begins).

What this means: (please read all categories before deciding where you fall)

- A) If you are a PCA athlete and will be in grade **9<sup>th</sup> – 12<sup>th</sup>** for the upcoming school year, you will have until August 2, 2021 to obtain and upload a new physical into **RankOne** (see directions below). This new physical should not be dated prior to June 1, 2021. You will also need to complete the electronic Medical History Form and Student Profile Page within RankOne to be considered eligible for athletic participation at the high school level.
- B) If you are a PCA athlete and will be in grade **7<sup>th</sup> or 8<sup>th</sup>** (or 6<sup>th</sup> grade for swimming only), you will have until August 2, 2021 to obtain and upload a new physical into **Magnus** (see directions below). This new physical should not be dated prior to June 1, 2021.
- C) If you are a **transfer student** (meaning you are a new student to PCA entering 10<sup>th</sup>-12<sup>th</sup> grade transferring from another high school), you will complete the TAPPS Student Profile Page, Medical History Form and upload a new Physical in **RankOne**. In addition, you will complete the Student Transfer Form, as well as the Previous Athletic Participation Form that will autopopulate once your Student Profile is complete. The PAPF will only need to be completed if the student has competed for their previous school at the high school level.
- D) All Spirit Cheer, Competitive Cheer, Sports Medicine & Lacrosse (not under TAPPS Guidelines) are exempt from the RankOne requirements. Students participating on these teams (and nothing else) will only be required to complete the **Magnus** Health Portal. You have until August 2, 2021 to obtain and upload a new physical in Magnus (see directions below). This new physical should not be dated prior to June 1, 2021.

## II. Rank One Sport



### Upper School Parents (9<sup>th</sup>-12<sup>th</sup> only)

As previously mentioned, RankOne Student/Parent Portal Accounts are mandatory for eligibility in sports through TAPPS. Each parent will need to setup a Parent Portal and link each of their Upper School Athletes to their account.

In order to create this account for your student athlete, you have one of two options.

1. You may follow this link online:

<https://planoprestonwoodchristianacademy.rankonesport.com/New/NewParentLogin.aspx>

or 2. You may download the RankOne Sport App (the Public one) and create your account.

As part of this portal, you will be required to complete the following documents:

1. Physical Upload Form (You can upload either a PDF or a picture of this form).
2. TAPPS Medical History Form (Electronic Form)
3. TAPPS Student Profile (Electronic Form)
4. Student Signature Page with links (Electronic), acknowledging that you have read and understand the Acknowledgement of Rules, Concussion, Cardiac, Temperature, & PED.

**Once completed**, your student athlete will be eligible to tryout and begin the season with their teams. Forms will take 24-48 hours to show as approved within the system. Please remember, if your student athlete's student/parent portal is not complete, your student will not be eligible to practice or compete. We suggest that you do this as soon as possible to make sure everything is done and approved prior to August 2nd.

**Transfers:** (Athletes who are entering 10-12<sup>th</sup> grade, transferring from another high school) Once you have completed your Student Profile Page, two forms will autopopulate within your needed documents. Student Transfer Form and Previous Athletic Participation Forms will show up within your portal. Please complete these as soon as possible. The PAPF requires signatures from your previous school. Please have them return the signed document to Coach Bryant at the email below for processing.

If you have questions regarding RankOne, please contact Coach Jillian Bryant (jbryant@prestonwoodchristian.org).

### III. Magnus Health Portal



All Athletes (6<sup>th</sup>-8<sup>th</sup> Grade and non-TAPPS teams)

You will access your “Magnus Health Portal” Account through your Parent myPCA Account, which is under the Resources Tab. The myPCA App can be accessed through “Current Families” on the front page of the PCA Website ([www.prestonwoodchristian.org](http://www.prestonwoodchristian.org)). Make sure that you are looking at the Resource Board Tab as a Parent, not as a Faculty Member (upper left corner). You can find videos and a lot of FAQs for myPCA under the “myPCA 411” Resource Board. You can also find a video tutorial for Magnus through the “Health Services” Resource Board.

If you have questions regarding Magnus, please contact our Head Trainer, Danny Nafey ([dnafey@prestonwoodchristian.org](mailto:dnafey@prestonwoodchristian.org)).

### IV. Find Forms

Where do I find the Athletic Forms that are due on or before August 2nd?

The only athletic form that we have available to download and/or print is the TAPPS Physical Examination Form. This Form can be downloaded from myPCA through the “Athletics” Resource Board or from the main PCA Website, under Athletics/Forms. Take this Form to your personal physician or a local health clinic for your Sports Physical Exam.

All other forms will be completed electronically through Magnus Health or RankOne.